



# GREAT WEEK AHEAD

WEEK OF SEPT 13TH-19TH

A weekly newsletter brought to you by St. Gregory the Great Catholic School

## Student Spotlight

This weeks spotlight shines on Joshua F. (5th grade) Josh transitioned from distance learning to in person learning in a phenomenal way. He fell right into place without missing a beat. He has added to the classroom environment in such a positive way. Since day one he has added to the classroom morale and the conversations have become richer. Welcome back on campus Josh!



## Faculty Spotlight



This week our Faculty Spotlight shines on one of our ECH teachers, Mrs. Dewey. Mrs. Dewey acts as a wonderful role model not just for her unit, but for all of her peers. She manages to stay positive, even in these hectic, ever changing times. She takes on a lot of responsibility as a team leader and still finds the time to lend an ear or helping hand to anyone that needs a little TLC! We are blessed to have Mrs. Dewey here at StG.

## 2020-2021 StG Spirit Shirts

**\*\*Deadline EXTENDED till Sunday, midnight\*\***

Our 2020-2021 Spirit Shirts are now available to order online! Students may wear the 2020-2021 Spirit shirt every Friday with uniform bottoms. This year we have two shirt options.



Link to order:

<https://www.curedprinting.com/collections/st-gregory-the-great-catholic-school>

## Face Masks

The Advancement Office is selling StG face masks. Please return order form w/payment to your child's homeroom teacher.

## STG FACE MASKS



**\$10 EACH**

<https://www.stgregorysa.org/vimages/shared/vnews/stories/57f54bed0cc31/2020%20StG%20Face%20Mask%20Order%20Form.pdf>



## Tele-Mental Health available

For more information or to schedule an appointment please contact the school counselor, Mrs. Sylvia Gonzalez-Bogran (210) 342-0281 ext. 301 or email: [sylvia.bogran@stgregorys.net](mailto:sylvia.bogran@stgregorys.net)



Things have not been the same since March 2020 due to the pandemic. School started virtual teaching and thus we find ourselves in a new reality. It has been stressful for all of us. Making time for ourselves even for a few minutes may seem impossible. It's important to recognize that not everyone copes in the same way.

Suicide is not a pleasant topic to talk about. We are all at risk of experiencing mental health issues so it's imperative that we become aware some of the warnings signs and risk factors so we can seek help for ourselves and those we love and care about especially those who already suffer from depression and anxiety. Here are a few factors and signs.

### Risk factors and Suicide Warning Signs:

- Mental health conditions
- Feelings of isolation
- Drastic change in mood and behavior
- Access to lethal means such as firearms or drugs
- Withdraw from activities previously enjoyed
- Change in sleep pattern
- Negative feelings of self
- Feeling like a burden to others
- Making suicide threats
- Giving away things

### Places to seek help:

National Suicide Prevention Lifeline- 800-273- TALK (8255)

San Antonio-Serving Bexar County- Crisis Line: The Center for Health Care Services 24/7 210-223-SAFE (7233) / 1-800-316-9241

**BOX TOPS FOR EDUCATION** **BOX TOPICS** **SEPT 2020**  
*Easy ways to make a difference for your school.*

**NATIONAL BOX TOPS WEEK**  
SEPTEMBER 21-27

**INVITE FRIENDS TO SUPPORT YOUR SCHOOL!**  
This year, teachers need more help than ever. Use the Invite Friends button in the Box Tops app to ask friends and family to scan and earn for your school.

**••• National Box Tops Week BONUS •••**  
If a friend that you've invited scans their first receipt during the week of Sept 21-27, you'll BOTH earn 50 Bonus Box Tops!  
Offer valid while supplies last.

**DOUBLE UP SWEEPSTAKES**  
**A CHANCE TO DOUBLE YOUR SCHOOL'S EARNINGS!**  
5 Grand Prize winners will have their school's December 2020 Box Tops earnings matched, up to 20,000 Box Tops. Sweepstakes ends 10/04/20.

**GIVE CREDIT FOR YOUR SCAN**  
Did you know? You can use the Give Credit feature in the app to credit your Box Tops earnings to a specific person, classroom or grade level.

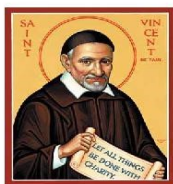
**DO YOU HAVE THE LATEST VERSION OF APP?**  
We regularly make important updates and improvements, so make sure your phone is up to date!

**START THE YEAR WITH AN UPDATED LIST OF PARTICIPATING PRODUCTS!**  
Download it now at [BTFE.com/products](https://BTFE.com/products)

**LEARN MORE AT [BTFE.COM](https://BTFE.COM)**



**Wednesday, Sept. 16th**– Mass at 8:15am/SVDP Food Drive  
All students in PK3 through 8th grade will attend mass in church.



Harvest for the Hungry

**St. Vincent de Paul Food Drive**

**September 16, 2020**

- PK3** Vermicelli
- PK4** tomato sauce
- Kinder** Instant Potatoes
- 1<sup>st</sup>** 1 lb rice
- 2<sup>nd</sup>** Can tuna
- 3<sup>rd</sup>** Canned corn, peas, or canned beans
- 4<sup>th</sup>** cereal
- 5<sup>th</sup>** pasta
- 6<sup>th</sup>** Macaroni & Cheese
- 7<sup>th</sup>** 1 lb. bag of dry beans
- 8<sup>th</sup>** Toilet Paper

Distance learners may drop off their items beginning September 11<sup>th</sup>. Collection boxes will be stationed outside the front office for contactless drop off.

*Sponsored by National Junior Honor Society*



**Tuesday, Sept. 22nd**– Vision Screening

**Wednesday, Sept. 23rd**– Individual Picture Day

**In School Learners** – will have their picture taken between 8:30 a.m. and 12 noon. The schedule will be sent to teachers and students will be taken to the cafeteria by class to have their picture taken.

**Distance Learners** – parents/guardians may bring their child to school on September 23rd between 7:30 a.m. and 8:30 a.m. to have their picture taken. Parents who are unable to bring their child on that day will also have an opportunity to come on picture make up day which is scheduled for October 28, 2020.

Scheduling individual pictures with the photographer is not an option at this time as he no longer maintains a studio.

**Thursday, Sept. 24th**- Vision Screening

**Thursday, Oct. 1st**- UTHSC Dental Education (PK - 5th)

**Oct. 11-Oct. 25**



**Walk, Run, or Bike With Your Family to Benefit Your Catholic School**  
Register Online: [www.HopeForFuture.org](http://www.HopeForFuture.org)



# ATHLETICS

## Fall Sports Parent Meeting

Monday, September 14th  
At 6 p.m.

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amazon



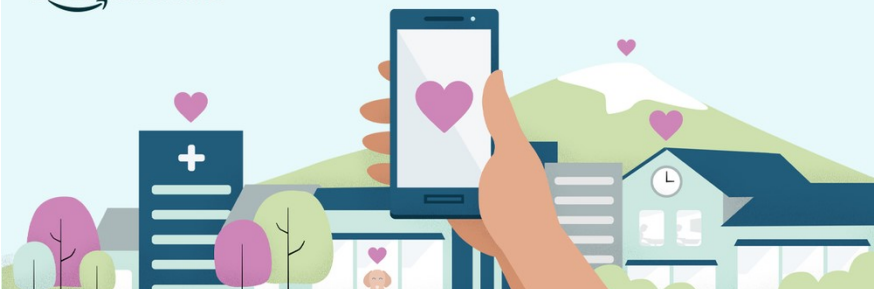
Amazon donates 0.5% of the price of eligible purchases. A simple way to help our school by using Amazon Smile on your online orders. #BeGreat #StartShopping

Click the link below for more information.

[https://www.stgregorysa.org/vnews/display.v/ART/5e873f9613b2c?in\\_archive=1](https://www.stgregorysa.org/vnews/display.v/ART/5e873f9613b2c?in_archive=1)

Turn on AmazonSmile in the Amazon app to generate donations.

amazonsmile



# September Breakfast/Lunch Menus



SEPTEMBER BREAKFAST MENU				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Cold Cereal Orange or Apple Juice/Milk	2 Cold Cereal Orange or Apple Juice/Milk	3 Cold Cereal Orange or Apple Juice/Milk	4 Cold Cereal Orange or Apple Juice/Milk
7 <b>LABOR DAY HOLIDAY</b>	8 Pancake plain or W/choc. chips or Cold Cereal Orange or Apple Juice/Milk	9 Biscuit w/sausage or Cold Cereal Orange or Apple Juice/Milk	10 Kolache or Cold Cereal Orange or Apple Juice / Milk	11 Cold Cereal Orange or Apple Juice/Milk
14 French Toast or Cold Cereal Orange or Apple Juice/Milk	15 Waffle or Cold Cereal Orange or Apple Juice/Milk	16 Assorted Muffins or Cold Cereal Orange or Apple Juice/Milk	17 Peanut Butter & Jelly Sandwich or Cold Cereal Orange or Apple Juice/Milk	18 Cold Cereal Orange or Apple Juice/Milk
21 Pancake plain or W/choc. chips or Cold Cereal Orange or Apple Juice/Milk	22 Biscuit w/sausage or Cold Cereal Orange or Apple Juice/Milk	23 Kolache or Cold Cereal Orange or Apple Juice / Milk	24 French Toast or Cold Cereal Orange or Apple Juice/Milk	25 Cold Cereal Orange or Apple Juice/Milk
28 Waffle or Cold Cereal Orange or Apple Juice/Milk	29 Assorted Muffins or Cold Cereal Orange or Apple Juice/Milk	30 Peanut Butter & Jelly Sandwich or Cold Cereal Orange or Apple Juice/Milk		

SEPTEMBER LUNCH MENU				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Frito Pie Corn Fruit/Milk	1 Plain/Cheese Hamburgers Lettuce/Pickles Season fries Fruit/Milk	2 Chicken Nuggets Mac & Cheese Cookie/Milk	3 Tamales Rice Beans Fruit/Milk	4 <b>Pre-order Peter Pipers</b> Personal Pizza Chips/Juice
7 <b>LABOR DAY HOLIDAY</b>	8 Plain/Cheese Hamburgers Lettuce/Pickles Season fries Fruit/Milk	9 Hot dog Chips Cookie/Milk	10 Fideo Loco Beans Fruit/Milk	11 <b>Pre-order Chick-fil-A</b> Nuggets or Sandwich Chips/Juice
14 Grilled Cheese Sandwich Chips Cookie/Milk	15 Plain/Cheese Hamburgers Lettuce/Pickles Season fries Fruit/Milk	16 Chicken Tenders Mashed Potato Fruit/Milk	17 Beefy Nachos Rice Fruit/Milk	18 <b>Pre-order Peter Pipers</b> Personal Pizza Chips/Juice
21 Corn dog Tater Tots Fruit/Milk	22 Plain/Cheese Hamburgers Lettuce/Pickles Season fries Fruit/Milk	23 Cheese Pizza Chips Fruit/Milk	24 Fideo Loco Beans Fruit/Milk	25 <b>Pre-order Chick-fil-A</b> Nuggets or Sandwich Chips/Juice
28 Chicken Nuggets Mac & Cheese Cookie/Milk	29 Plain/Cheese Hamburgers Lettuce/Pickles Season fries Fruit/Milk	30 Frito Pie Buttered Corn Cookie/Milk		*Pre-order Lunches require prepayment. Pre-orders will not be billed in FACTS.

**\*Menu is subject to change**

## Cafeteria/Lunch

- Beginning on Monday, all classes may return to eating lunch in the cafeteria following social distance safety protocols.
- Students who forget their lunch will need to order a tray from the school cafeteria and will be charged in their FACTS account. Due to COVID-19 safety protocols, we are a closed campus, thus lunches and/or snacks may NOT be dropped off at the school's front office.
- We are now offering Pre-Order Lunches from Peter Piper Pizza and Chick-fil-A. Pre-order lunch form and payment must be received no later than Wednesdays to be served on Fridays. No late orders will be placed.**

To order your child a Pre-order Lunch click the link below:

<https://forms.gle/YGqfBwhVMQ4qUWWr9>